



**Institute for  
Academic Medicine**

 **Vandalia Health**

# Doctoral Psychology Internship Program

**Application Due Date:** Nov. 13, 2024 (11:59 p.m.)

## CAMC Doctoral Internship Training Program

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This APA-Accredited predoctoral internship in Clinical Psychology is sponsored by Charleston Area Medical Center (CAMC) in concert with the CAMC Institute of Academic Medicine. It is housed within an academic medical center and considered a CAMC Graduate Medical Education (GME) program. CAMC is a teaching hospital hosting several other training programs with medical students and residents. As a result, there are opportunities to engage in collaborative learning opportunities with other disciplines. Faculty for the psychology internship include those employed by the WVU School of Medicine, CAMC and community partners.

### We offer two tracks:

- Health Service Psychology track (4 positions; APPIC match #163711)
- Child Clinical Psychology specialty track (2 positions APPIC match #163712)

## Accreditation Status

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The Doctoral Internship at Charleston Area Medical Center (CAMC) is accredited by Commission on Accreditation through the American Psychological Association (APA). For information regarding this program's accreditation status, please call or write:

### Office of Program Consultation & Accreditation

#### American Psychological Association

First Street NE, Washington DC 20002-4242

Phone: (202-336-5979)/ Email: [apaaccred@apa.org](mailto:apaaccred@apa.org)

Web: [www.apa.org/ed/accreditation](http://www.apa.org/ed/accreditation)

## Training Model and Philosophy

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The CAMC Psychology internship program provides interns with an in-depth broad and general training in Clinical and Health Psychology within an Academic health center. Our program follows a professional/scholar model and we firmly adhere to the integration of science and practice for internship training.

The overarching goal of the internship is to prepare our predoctoral interns for the independent practice of psychology in a variety of settings. With this goal in mind, we utilize a comprehensive approach to training to include clinical training, scholarly work/research and didactic experiences. Training is sequential, cumulative and graded in complexity in each rotation over the year. Our faculty are dedicated to training and provide in-depth supervision. We follow a

developmental approach to supervision as we encourage interns to function more independently as they progress in their training. Additionally, we stress multidisciplinary and interdisciplinary functioning, behavioral theoretical approaches and diversity sensitivity/humility. Also stressed are personal and professional development throughout the training year. Lastly, our training model is a combination of support and flexibility as the experiences offered in our program emphasize comprehensive training while also providing flexibility in that trainees can select different areas of focus.

## Agency Overview

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CAMC is the largest hospital complex in West Virginia. Located in the state capital, CAMC is a nonprofit regional referral and academic medical center with more than 8,000 employees. The medical center is made up of four hospitals: CAMC General Hospital, CAMC Memorial Hospital, CAMC Teays Valley Hospital and CAMC Women and Children's Hospital. It offers a number of specialized inpatient, outpatient, prevention and emergency services, and extensive state of the art facilities and centers of excellence for the provision of clinical care.

### Eligibility for Application to Internship Program:

1. We accept applications from graduate students in good standing from APA accredited doctoral programs in clinical and counseling psychology.
2. Applicants must have a Master's Degree in psychology as reflected on their official university transcript.
3. Applicants must be legally authorized to work in the United States at the time of their application and throughout the internship year.

CAMC is an Equal Opportunity Employer. We consider all applications for internship without regard to race, color, ethnicity, sex, age, national origin, religion, sexual orientation, gender identity and/or expression, genetic information, medical condition, marital status, veteran status or disability.

## Application Procedures

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As a member in good standing of APPIC, this internship program maintains compliance with APPIC's guidelines on recruitment and selection. We participate in the National Match (NMS Match number 163711) and follow the APPIC match policies, agreeing that no person at this training program will offer, solicit, accept, or use any ranking-related information from any intern applicant or graduate program.

***All application and associated materials must be received by 11:59 p.m. on Nov. 13, 2024***

## Interviews

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Candidates will be invited for virtual interviews (via Zoom), which will be held on the following dates:

- Health Service Psychology Track: Jan. 3, 10 and 17
- Child Clinical Psychology Track: Jan. 2, 09 and 16

## Program Structure for Health Service Psychology Track

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The year-long internship includes both required and optional rotations with the schedule developed to meet the intern's individual training needs. The required and optional rotations are

mixed over the year, so all required experiences do not have to be completed before optional training begins.

### Required Rotations include:

- Outpatient Psychological Treatment
- Assessment Services
- Adult Psychiatry Inpatient
- Consultation/Liaison

### Optional Rotations include:

- Cardiac Rehabilitation
- Child and Adolescent Outpatient Psychology
- Cognitive Behavioral Therapy Training
- Dialectical Behavioral Therapy Training
- Disordered Eating Center of Charleston (DECC)
- Integrated Primary Care
- Neuropsychological Assessment
- Psychological Assessment (optional extended rotation)
- Research
- Women's Health

### Additional Required Experiences:

#### Weekly

- Psychology seminars and interdisciplinary Grand Rounds

#### Bi-weekly

- Supervision Seminar

#### Monthly

- One-hour Balint group led by Dr. Scott Fields
- Journal Club led by Dr. Patrick Kerr

Depending on the rotation, the interns may participate in team meetings, such as through the Disordered Eating Center Team and DBT Consultation Team. Certain rotations (e.g., neuropsychological assessment, eating disorders and child psychology) have additional seminar/consultation options that interns may attend as appropriate. Interns are actively involved in research projects with faculty and other trainees.

### Required Presentations:

- Each intern is required to create and present an evidence-based health care disparities lecture in Grand Rounds. This will be supervised by Dr. Jessica Luzier.
- Depending on the rotation, interns may be asked to present a topic during interdisciplinary Grand Rounds.

***\*Please review the Child Psychology Specialty Track's brochure for information regarding the structure of the track.***

### Required Rotation Training Experiences for Health Service Psychology Tracks:

- Psychological Treatment Outpatient: This is a service designed to hone skills in delivering evidence-based psychological services in the CAMC Department of Behavioral Medicine. Interns will work with a caseload that includes diversity in age,

presenting concern, and treatment modality. Supervisors will attempt to assign cases given intern interests and training goals. There are also opportunities to see patients in a private practice setting through Medallion Psychological Associates.

- Psychological Assessment: This experience is designed to enhance psychological and neuropsychological assessment skills, as well as increase knowledge of psychometric properties. It is important to note that the majority of the referrals are neuropsychological in nature, particularly for adults and geriatric patients.
- Adult Psychiatry Inpatient: The internship experience on the inpatient psychiatry service is designed to provide broad, active participation in the multidisciplinary treatment of adult psychiatry inpatients. Working closely with the team, psychology interns participate in diagnosis, treatment planning, rounds, and discharge planning daily and provide direct services to selected patients in the form of brief psychological psychotherapy. They participate as co-leaders of the daily 1:15 p.m. group therapy session, under supervision of psychology faculty.
- Consultation Liaison:
  - Behavioral Medicine C/L Service: Interns will work with a team of residents and psychiatry attendings to provide consultation services for patients with psychological concerns admitted for medical conditions.
  - Family Medicine C/L Service: Interns will work with an inter-professional team to provide consultation services on the family medicine inpatient service.

### Optional Rotations:

- Additional assessment rotation options:
  - General Psychological Assessment: If an intern is interested in having some additional assessment training after their required rotation, then the intern can extend the length of their rotation. This will follow the same training opportunities as the required rotation.
  - Neuropsychological Assessment: This rotation provides extensive training in clinical neuropsychology. This rotation is ideal for interns who are planning careers in the field of clinical neuropsychology. Interns will have the opportunity to collaborate with additional training sites for didactics.
- Cardiac Rehabilitation: On this rotation interns will have the opportunity to participate in individual and/or couples therapy with cardiac patients, depending on patient need. Interns can participate in intake screening and diagnostic assessment pertinent to a cardiac population. They can co-lead or lead psychoeducational classes for rehabilitation participants and families. Interns can observe cardiac surgery if desired. Interns will become part of a close-knit multidisciplinary team while on this rotation.
- Child and Adolescent Outpatient Psychology: Interns would primarily be providing specialized, evidence-based treatments in the CAMC Behavioral Medicine Department. These would include Parent Child Interaction Therapy, Trauma Focused Cognitive Behavioral Therapy, Family Based Treatment, Dialectical Behavioral Therapy for Adolescents and working on interprofessional teams (e.g., eating disorders, DBT).
- Cognitive Behavioral Therapy Training: This rotation provides interns with the opportunity to enhance their CBT skills. Traditional CBT and “third-wave” approaches are incorporated. More in-depth study and implementation of cognitive-behavior therapy also occurs through participation in the weekly CBT supervision group, in which members each have at least one case they follow.
- Dialectical Behavior Therapy Services program: The CAMC DBT Services Program rotation provides broad and in-depth specialty training in all components of Dialectical Behavior Therapy (DBT) under the supervision of DBT program faculty.
  - *The Comprehensive DBT Rotation*: This option is a 12-month/year-long rotation designed to develop full competency in all modes of treatment in DBT. Interns on

the Comprehensive DBT rotation maintain a training caseload of at least two DBT patients (which may be adults, adolescents or both). As part of training, interns (1) conduct pre-treatment consultations to determine the appropriateness of DBT for referred patients; (2) provide individual DBT/DBT-A to patients; (3) provide telephone skills coaching to their individual patients (Note: DBT telephone skills coaching is provided based on the intern's own individual limits; we stringy encourage interns observing limits to manage their well-being and DO NOT require interns to be available 24/7 for skills coaching); co-lead DBT Skills Training Classes/Groups, including leading didactic segments of skills training classes, helping to manage behavior during skills classes, and reviewing patients' homework; (4) participate in and periodically lead weekly DBT consultation team meetings.

- *The DBT Skills Training Rotation*: This option is for interns who are interested in a basic introduction to DBT by learning more about some components of DBT. This rotation is for interns who are NOT interested in learning the full DBT model. This rotation consists of a commitment of either eight or 16 weeks, during which interns co-lead at least two adult and/or adolescent skills training class modules and attend weekly consultation team meetings. The emphasis is on exposure to the skills taught in DBT, and to the inner workings of a DBT consultation team.
- Disordered Eating Center of Charleston (DECC): The DECC rotation offers interns the opportunity to deliver evidence-based treatment to youth with eating and feeding disorders in the context of an interprofessional treatment team.
- Integrated Primary Care: The Integrated Primary Care rotation offers a variety of training opportunities. Interns have the option to participate in both urban and rural primary care clinics. They are welcome to tailor their rotation experience to include any preferred combination of the following settings: CAMC Department of Family Medicine (urban), Clendenin Health Center (rural), and WestSide Health (underserved). The rural primary care track of this rotation is an extremely valuable opportunity to address the needs of a population of patients who have been characteristically underserved. Such patients often have difficulty accessing mental health facilities for care, and are more likely to find comfort in behavioral health interventions offered in an integrated primary care setting. Interns are expected to precept during Family Medicine resident clinic hours and during the clinic day at rural health centers. Precepting affords the intern a unique opportunity to collaborate in patient care and to teach medical professionals what they know about human behavior. While precepting, interns will also learn more about the referral process for patients with behavioral health problems and will provide a valuable resource for patients at the Family Medicine and health centers.
- Research Rotation: The Research Rotation provides interns with an opportunity to participate in a variety of ongoing clinically oriented research projects in the WVU Department of Behavioral Medicine and Psychiatry or departments with which we partner in WVU and CAMC. Interns may participate at any level of the research process ranging from data collection in experimental studies and serving as assessors or project therapists in clinical trials, to management of research databases and presentation of research results. Interns are expected to prioritize the completion of their dissertation research, and typically do not participate in a research rotation before their work with their dissertation is complete.
- Women's Health: There are two options for this rotation, which includes rotating through a OB-GYN clinic at CAMC, predominantly with high risk patients, as well as at a women's health clinic through one of our community partners at St. Mary's Medical Center.

## **Community and Culture**

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Recreational activities are plentiful with white water rafting, snow skiing, mountain biking, fishing, hunting, and camping for outdoor enthusiasts, not to mention several golf courses, tennis facilities, professional baseball and an ice-skating facility. Cultural opportunities in Charleston include the WV State Symphony, Mountain Stage, local theatre and national touring performances. Many of these are housed in The Clay Center for the Arts and Sciences, across the street from CAMC General Hospital.

CAMC's program and the city of Charleston offer a perfect balance of academic excellence and recreational activities. Visit with us and explore the exciting possibilities waiting for you in wild and wonderful West Virginia.